In the Moment

Creative activities for adults living with dementia and their families
GET CREATIVE!
BE...

These low cost, relaxed creative clubs are the perfect way for those living with dementia to unleash their imaginative and emotional side.

During our music, nostalgia and memory based sessions everyone is encouraged to feel free, express themselves and celebrate together.

In The Moment has received financial support from DMBC as part of its strategy of promoting dementia awareness.
HISTORY, HEALTH, HAPPINESS - Doncaster Museum
Tuesdays from 1 Oct to 17 Dec 2019, 10am - 12pm. Come and join us for fun art sessions where we will use objects and stories from the Museum to create exciting new art work.

DEMENTIA FRIENDLY CINEMA - Cast theatre
Enjoy classic movie musicals and modern comedies, in a warm and welcoming environment, specially adapted with plenty of room for wheelchairs, scooters and frames.

SING, SWING AND CAKE - Cast theatre
Relive the old classics with a slice of cake and some dancing (if you wish!). Everything from The Everly Brothers to Tom Jones!

PLAY CLUB - across Doncaster
Listen to actors perform live short extracts of all your old favourite plays and dramas.

SINGING FOR MEMORY AND IN THE MOMENT - The Point
Mondays, 1.30pm - 3.30pm
Join us to relax and sing familiar and new songs, create new stories and meet new friends.

For more information visit
www.inthemomentdoncaster.co.uk
THE POINT
The Point is a friendly and welcoming place which is open to all and is where we make and share art. The Point, 16 South Parade, Doncaster, DN1 2DR. The Point is a white building with flags outside the entrance, opposite The Regent Hotel and Regent Square.

www.thepoint.org.uk
01302 341662

CAST
Cast is an accessible modern venue, built with the needs of local people in mind. Our postcode is DN1 3BU, and we are located opposite Doncaster’s Central Library.

www.castindoncaster.com
01302 303 959

The Point and Cast have lifts to all levels of the building, Disabled toilets and Changing Place.

PARKING
When visiting The Point and Cast you can find the following local parking with Blue Badge parking:
- Cavendish Court
- Council House
- Civic Office